Выполнила: Ахметшина М.Р.

Цель урока: совершенствование навыков говорения, восприятия и понимания речи на слух, чтения по теме "Healthy lifestyle".

Задачи:

- совершенствовать навыки говорения по теме «HEALTHY LIFESTYLE» на основе аудиозаписи и видеозаписи
- активизировать лексический материал по теме в устной и письменной речи
- совершенствовать навыки восприятия иноязычной речи на слух

Тип урока: урок комплексного применения знаний, умений и навыков

Оборудование урока: проектор (компьютер), телефон, раздаточный материал

Ход урока

No	Этап урока	Содержание этапа	Режим работы	Примечания				
	Организационно-мотивационный этап							
1.	Орг. момент	Приветствие: Good morning, boys and girls! Let's begin our lesson.	t-cl-p p-t	1 мин.				
		Вступительное слово учителя (сообщение темы и задач урока): Today we'll read, write, speak about Have a look at these pictures and guess WHAT ARE WE GOING TO SPEAK ABOUT? (1 слайд)	t-cl-p p-t	3 мин.				
		You are right, we are going to speak about healthy way of life (healthy lifestyle). Today we must find out what the healthy lifestyle is (2 слайд)						
2.	Речевая зарядка	Now please answer my questions about youself: 1. Is it easy for you to get up early in the morning? 2. Do you do morning exercises? 3. Do you skip your breakfast? 4. How many meals do you have a day? 5. Do you attend your lessons of Physical Education? 6. Do you like them? 7. Do you go to a gym? 8. Do you like fast food?	t-cl p-t	3-4 мин.				

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		Операционно-познавательный этап		
3.	Отработка и	So let's start today's work with our	p-t	4 мин.
	закрепление	active vocabulary. Listen to me and	p-cl	
	лексических навыков	guess the words (вопросы отображены	P 33	
		в презентации, появляются		
		последовательно за ответами		
		учащихся):		
		1. It is a strong desire to take drugs,		
		alcohol, cigarettes, food without being		
		able to stop it (addiction)		
		2. The general condition of your body		
		(health)		
		3. When someone is very fat in a way that		
		is unhealthy (obesity)		
		4. Food such as hamburgers which is		
		_		
		prepared quickly and that you can take		
		away with you (fast food)		
		5. Causing or likely to cause harm		
		(harmful)		
		6. Heavier, bigger than one should be		
		(overweight)		
		7. A substance added to food or drink to		
		give it a particular flavour (flavouring)		
		8. A substance that can cause death or		
		serious illness if you eat it (poison).		
		Task I.		
		Now I would like you to use these words		
		<u>in</u> the sentences (<i>nponycκu</i>		
		заполняются распечатанными		
		ответами на вопросы предыдущего		
		<u>упражнения)</u> :		
		1. Psychological is when		
		someone wants something which will		
		change their mood or feelings.		
		(addiction)		
		2. Cigarette smoke contains chemicals,		
		that are found in rat(poison)		
		3. Junk food, if eaten often, can lead	t-p	5 мин.
		to and other problems. (obesity)	p-cl	
		4. Unfortunately many people are	_	
		nowadays and they don't		
		understand why. (overweight)		
		ı	<u> </u>	

		5 People do	n't think that	the taste they		
		_		combination of		
				preservatives.		
		(flavourings		preservatives.		
		6. However it is important to understand				
		that though looks so nice and tasty				
		_	e dangerou	•		
		_	(fast food, h			
				to our health.		
		(harmful)	very	to our nearth.		
		` /	andr waum and	swers. Change		
			-	our neighbor.		
			-	он пеідпрог. воим соседом		
				воим соседом й проверки).		
		теградями д	для взаимно	и проверки).		
4.	Аулирования	So now wo	ara watahing	a vidaa ahaut		
-+.	Аудирование		_	a video about ould watch it		
		_	-	given to you.		
				given to you. acters' advice		
				acters advice of ideas are the		
			•	n ideas are me д 3) <u> (ученикам</u>		
		· ·	- '	о 5) <u>(ученикам</u> которые они		
		_		которые они смотра видео,	·	
		·		<u>жотра виосо;</u> рые услышат	·	
			осмотра виде		•	
		оо орели про	icinompu onoc	<u>,.</u>		
			+	_		
		To watch		-		
		TV too				
		long				
		Regular	+			
		physical	·			
		activity				
			+			
		enjoying	_			
		the				
		outdoors	<u> </u>		t-cl	11 мин.
		To eat	+		p-t	
		vegetables				
		and fruit				
		To eat	+			
		dairy				
		products				
		To skip		-		
		(miss)				
		breakfast				
		eating a	+			
		balanced				
		diet				
		Being				
		active				
			o the complet	ted tables give	t-cl	6 мин.
		advice using				O WITHII.
					•	•

		Model: To be healthy you need	n t	
		To be healthy you shouldn't	p-t	
		Let's revise our grammar material		
5.	Закрепление	<u>(слайд 4)</u>		
	грамматического	Choose one word that best fits each gap		
	материала	<u>according to the rule</u> (ученики		
		выполняют задание в телефоне с		
		опорой на правило на слайде):		
		回辯獣国		
		<u>₹</u> ₽₿ ₽₽		
		995972499	t-cl	4 мин.
			p-t	+ мин.
		国政策是基本	p-ι	
	Совершенствование			
	навыков говорения	I want you to remember proverbs		
6.	-	about eating and some habits, but the		
		words have mixed. Can you put them in		
		the correct order to make the proverbs		
		<u>(слайд 5)</u> 1.wealth is good above health		
		2.a day apple an away keeps doctor a		
		3.to and healthy bed wise makes a rise		
		man early and early to wealthy		
		4.a mind sound in body a sound		
		5. eat live to but, to eat not live		
		6. he who has everything and has hope he		
		who has hope has health		
		What proverbs do you agree/disagree?		
		Thank you for your work today, and I		
		would like to give you one very simple		
		but wise advise		
		"An apple a day keeps the doctor away"		
		Рефлексийно - оценочный этап		
7.	Домашнее задание	Write down your home task -Do	t-cl	3 мин.
		"Healthy quiz" (QR-code). Read		
		the question and choose right		
		variant.		
		FR2-34952246		
8.	Выставление оценок	- Thank you for the lesson. It was	t-n	2 мин.
0.	рыставление оценок	very interesting to work with you.	t-p t-cl	2 WINT.
		TO THE COME TO WORK WITH YOU.		
L		1	1	1

		And now your marks for the		
		lesson.		
9.	Рефлексия		t-cl	2 мин.
		Raise your right hand if you think		
		our lesson was useful and raise		
		your left hand if wasn't (учащиеся		
		поднимают правую руку, если		
		считают, что урок был им полезен		
		и левую руку, если считают, что		
		не полезен).		
		The lesson is over. Good bye!		